SAFETY MANAGEMENT, HEALTH AND WELL-BEING AT THE WORKPLACE

Code: 21734

Main Scientific Area: Business management

Lecturer: Fernando Freitas da Torre

Language of Instruction: Portuguese

Regime: S2

Contact Hours: 20h Total Workload: 88h

ECTS: 4,0

Objectives

• Understand the generic concepts of Occupational Safety and Health Systems;

• Know the Occupational Safety and Health System in accordance with current regulations;

• Understand the principles of Work Life Quality and Wellness.

Learning Outcomes

• To know how to implement Occupational Safety and Health Systems;

• To know how to audit Occupational Safety and Health Systems;

Course Contents

I - Labor Code on occupational safety and health issues;

II - Risk and Assessment Process: Concepts and Terminology;

III - Implementation of Occupational Safety and Health Management Systems;

IV - Quality of Life at Work: importance, models, research and intervention;

V - The relationship between work and family: from conflict to enrichment.

Recommended Bibliography

Miguel, A. S. (2014). Manual de Higiene e Segurança do Trabalho. Porto: Porto Editora.

Santos, G., Ramos, D., Almeida, L., Rebelo, M., Pereira, M., Barros, S. e Vale, P. (2013). Implementação de Sistemas Integrados de Gestão: Qualidade, Ambiente e Segurança. Lisboa:Publindústria, edições técnicas.

Learning and Teaching Methods

The analysis and discussion of real cases allows the application of theoretical knowledge, bridging the acquired conceptual knowledge with the practical reality of organizations.

Assessment Methods

There are 2 evaluation periods:

1. Continuous evaluation that will be done in 2 moments that will correspond with the term of each part of the program:

1.1. The 1st moment will have a weight of 50% (team work);

1.2. The 2nd (individual test) will have also a weight of 50%